

Optimist Piomeer





The Optimist

Club of Mexico

Albuquerque,

Chartered

March

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In Our 84th. Year of Serving the Youth of New Mexico

Volume 84

September 24, 2023

Issue No. 29

2022-2023 Officers

International President:

Robert McFadyen - 519-500-9458

International Vice President::

Linda McDonald

New Mexico-West Texas District Governor:

Jack Barclay - 575-202-2796

New Mexico-West Texas District Sec./Treas.:

Lynne Martin - 505-980-4107

Zone 3 Lt. Governor:

James E. White - 505-238-1436

Club President:

James E. White - 505-238-1436

Vice President for Admin.:

Steve a. Garcia - 505-836-4035

Vice President for Youth:

Fred Trussell - 505-280-4509

Immediate Past President:

James E. White - 505-238-1436

Club Secretary / Treasurer:

Rita R. White - 505-238-1437

Club President Elect. 23-24

Pat Trussell- 505-280-1753

Board of Directors:

2 years: 1. *Open*

- 2. LaSheka Mason
- 3. Patricia Trussell
- 1 year:
- 1. Catherine Hatcher
- 2. Dolores Morgan
- 3. Open

Club Sergeant-at-Arms:

Steve Garcia

Club Door Greeters: Patricia Trussell

Optimist Supply:

http://www.shumskyideas.com/optimist/

NMCRS# 219956 FED TAX ID (EIN) #850110839

Message from our Club President

Positive Thought for Today: Just as learning has no end, so does growth."

— Shree Shambav

Look to your Optimist Club not only for opportunities to learn new things but for opportunities to grow as a person.

James White - Club President 2022-2023

TOCOA (The Optimist Club of Albuquerque, New Mexico) Friday Juncheon:

Join us on Friday, <u>Sept. 29th.</u> at 12:00 for our next Club Luncheon. It will be a <u>Live</u> Luncheon at the Sheraton Uptown. A La Copita Fellowship meeting.

Optimist International offers Leadership skills:

Optimist Institute (formerly LMS): Free for all Optimist Members!

The quickly growing content includes the annual Club Officer Courses, and courses in a host of other areas:

leadership development, technology (with focus on Microsoft Office products and social media to help your Club and yourself!), optimism, youth and sports, Optimist sponsored programs, personal development skills, and diversity (like working with different generations)

CLUB CLUB CLUB FRAGE III

Join us on facebook. ps://www.facebook.com/OptimistClubofABQ/



https://optimistclubofalbuquerque.org

This is the Club's Website.

If you get the bulletin by email hold ctrl key down and click on line above.

7()CoA, NM Events Calendar:

Club Board Meeting, Tues. Sept. 26, via Zoom - 7:00

La Copita Club Fellowship, Fri. Sept. 29, Sheraton - 12:00

Club Officer Installation, Sun. Oct. 1, Overture 55+ - 1:30

Club Luncheon, Fri. Oct. 6, Hybrid - 12:00 - Club Business

RM Highland House Bingo, Fri., Oct. 6 - 5:50 - 8:15

Club Luncheon, Fri. Oct. 13, Hybrid - 12:00 - Birthdays & Anniv.

Distinguished Members of The Optimist Club of Albuquerque, New Mexico

1940-1941 Walter Dolde Charter President

1946-1947 P. J. DeVeau District Governor

1952-1953 A. F. Reigler District Governor

1954-1955 Ben Osuna District Governor

1959-1960 L. M. Gross District Governor

1961-1962 H. J. Barnett District Governor

1963-1964 Al Valdez District Governor 1965-1966 OI Vice President

1966-1967 Ray Eichner District Governor

1987-1988 Robert Furry District Governor

1988-1989 Arlin Pennington District Governor

1991-1992 Fred Leach District Governor

2007-2008 Venus Sanford District Governor 2016-2017 OI Vice President

2021-2022 Fred Trussell District Governor





Club Contact information: James White -505.238.1436 jimnewmex101@gmail.com







Giving our best to every child

of Albuquerque,

Albuquerque,

Albuquerque,

Optimist

NM Club Luncheon: (Sept. 22h.)

Jim called the meeting to order and welcome everyone. Fred gave the invocation and Pat led the pledge. Jim gave his positive thought for the day.

Jim and Fred introduced their guests Felicia and Dayna.

Jim recognized Dolores as a 31 year Optimist on Sept. 16th. She joined the Albuquerque Heights Club in 1992 which merged with our Club in 2004.

Jim went over our Club's 22-23 donations to the Optimist International Foundation. They totaled \$1,267.50. Not bad for a Club our size. Jim also showed what the 2023-2024 Dime-A-Day pin will look like.

Jim explained to our guest how the Foundation helps Clubs.

Jim went over the Purposes of Optimist International. We also discussed the many ways our Club is involved in the community.

Felicia Mondragon, the Principal at Janet Kahn told us about her new school. It is a really interesting facility. She discussed a lot of way we can help her students and staff with various programs we do.

Our program was on M.I. Understanding. It is about how families can better communicate. Both our guests talked about how this program would be of use to Janet Kahn and Haven House.

Jim reminded everyone that it is time to get your 2023-2024 dues turned in. Rita said the invoices have been sent out.

Jim reminded us that there will be a Club Board meeting on Tuesday, September 26, at 7:00 pm via Zoom.

We will meet at the Sheraton Friday, September 29th at noon for a La Copita Fellowship.

Sunday, Oct. 1 we will hold our Awards and Installation Banquet at 1:30. Invitations have been sent out.

We closed the Luncheon with the Optimist Creed.



Check out our Facebook page click on the line below

https://www.facebook.com/OptimistClubofABQ/



* * 70 Co A L'uncheon: (Sept. 29th.) * *

Sept 29th. will be our next Club Luncheon. It will be a live lunch. So join us for fun and fellowship. La Copita Fellowship at the Sheraton.

How food service for Luncheons works:

You will be able to select from the provided menu, bring your own food or not eat during the meeting. All orders and confirmation that you will be at the meeting must be received by Friday 9:00

We will send out a menu for each weeks meeting no later than Tuesday. Use this menu to confirm that you will be at the meeting and what you would like to eat. We will pick up the food items and have them ready for you when you arrive on Friday.

The price of the meals is \$15. If you bring your own or do not eat we will charge you \$3 for incidentals and to help cover meals for speakers and Police Officers.

Food Orders will be placed Friday morning If you order a meal and do not inform us by Friday 9:00 am of a change then you will be charged for the meal because we have to pay for it.

It's a live meeting people!

It will be simulcast via Zoom for those unable to attend live

Bingo Nights at Ronald McDonald Houses:

Our next Bingo Night will be Oct. 6th. at the Highland Ronald McDonald House at McDon 1101 Central Ave. NE. Parking is on the west side of the building. We will start set up at 5:30.



We need prizes for boys and girls age 1 to 14. We need baby items and items for parents. We need father items.

Club Polo shirts: Several members have ordered Club Shirts. The order has been sent out. Hopefully we will hear back in a couple of weeks.

CLUB INSTALLATION BANQUET:

Sunday, October 1 will be the Club's Officer Installation Banquet for 23-24. We will have a catered event stating at 1:30 to 3:30. The meal will be \$20.00 per person. All Club Officers, members and their guest should try to attend.

The caterer will be our friends Trish and Robert from Turquoise Roadrunner.

Please get your reservations in as soon as possible. Contact Rita at 505-238-1437.

The Optimist Creed

Promise Yourself -

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Attendance at the Sept. 22 Junch:

We missed 10 members this week.

We currently have 15 members. In attendance: (7), 5 members, 7 excused (80%) 3 guests. Attending the meeting were: Stephanie S. (Zoom), Fred T., Pat T., Jim W., and Rita W.

Excused: David C., Kay F., Catherine H., Lasheka M., Dolores M., Starr P., and Ron R.,

Guests: Dist. S/T Lynne Martin (Zoom), Felicia Mondragon and Dayna Chisholm of Haven House.

Club Bulletin:

Let me know of upcoming events and speakers.

If you have information to put in the bulletin call Jim White 238-1436 or email me at jimnewmex101@gmail.com





Ipcoming Club Events: (Club Meetings at Overture 55+)

Sept. 26, Club Board Meeting, via Zoom - 7:00

Sept. 29, La Copita Club Fellowship, Sheraton - 12:00

Oct. 1, Club Installations Banquet, Overture 55+ - 1:30

Oct. 6, Fri. Club Luncheon, via Hybrid - 12:00 - Club Business

Oct. 6, Ronald McDonald Bingo, Highland House - 5:30

Oct. 13, Club Luncheon, via Hybrid - 12:00 - Birthdays & Anniv.

Oct. 20, Fri. Club Luncheon, via Hybrid - 12:00 - Police Officers

★★Website Ads: ★★TIME TO PAY FOR YOUR ADS

Bulletin sponsors and others can now purchase ads on the Club Website. Ads will be \$60 a year or \$15 per Quarter.

We are still looking for Bulletin Ads. \$15 per year.

Contact Rita at 505-238-1437.

Help your Club pay Bulletin & website costs.

Optimist Dues:

The Club has sending out dues statements for the 2023-2024 Optimist Year. We need to get your payment as soon as possible. You can add in your Dime-A-Day for this next Optimist year.

Club Board Meeting:

All Club officers both 22-23 and 23-24 should plan to attend the Club Board meeting Tuesday, Sept. 26 via Zoom at 7:00.

Ronald McDonald House:

Rita and Jim delivered cases of chip and cereal along with Pull Tabs to the Yale Ronald McDonald House Friday afternoon, September 22.

Later that evening Stephanie, Jim and Rita along with Lynne Martin from the Optimist Club of Albuquerque-Sunport provided Bingo for the Yale House residents and guests. We had a full room and lots of fun.

The House staff reported that everyone really looks forward to our Bingo events.



28 86 48 73

[5] 22 S 52 72 [3] 16 M 51 65

15 80 89 55 67

Ronald McDonald House Bingo Prizes:

We have a great time at Bingo. We need items for prizes. Items like toys and games for children 1 to 14 and items for babies, stuffed toys, clothing and other items. Diapers and baby wipes.

Our box of prizes is getting very low. Can

Next Bingo Night is: Oct. 6th. at the Highland House. We also need volunteers for the Bingo Nights from 5:30 - 8:30.

***School Supplies: ***

Rita says we are down to 1 backpack.

Our guest at Friday's meeting was Felicia Mondragon the Principal of Janet Kahn School of Integrated Arts. She explained the programs at the school which is a magnet school for the whole

We also talked about various ways we can partner with the school including a Club within a Club.

Speakers:

We need Speaker for the 2nd and 4th meeting of each month. If you know of someone or have a topic you are interested in contact Dolores Morgan at 505.857.9111 or vivian515@comcast.net.

District & International Events:

1st. Trimester - Dist. Conf., Nov. 11 & 12, 2023 in El Paso

2nd Trimester - Dist. Conf., Apr. 13 & 14, 2024 in Roswell

106th Optimist International Convention Jun. 23-26, 2024, Niagara Falls, Ontario, Canada (you will need a passport)

3rd. Trimester - Dist. Conf. & Conv., Aug. 10 & 11, 2024 in Belen

Childhood Health & Wellness:

Our Club sent a check for \$180 to the OIF for Health and Wellness. The money was donated to the Club at Club meetings during the year. Look for the red Health and Wellness jar.



Terri Lynn Nut Sales:

https://theoptimistclubofabq.terrilynn.com/

If you log on to this website and purchase a few items you will be helping our Club raise money for our many Club activities. Tell all your family and friends about this website. Be a friend of Youth. Our



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Club is working to help in providing hope and positive vision. Optimists bring out the best in youth, our communities and ourselves.



RONALD MCDONALD HOUSE * PULL TABS:



We currently have 10 gallons of Pull Tabs for the Ronald McDonald Houses. That is less than half of what we have been donating.



We need to find some new sources for Pull Tabs. Maybe we can get Janet Kahn to collect Pull Tabs for the Houses.

Childhood Cancer Campaign:

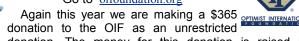
Our Club sent a check for \$175 to the OIF for Childhood Cancer. The money was donated to the Club at Club meetings during the year. Look for the green Childhood Cancer jar.



Each member can send a check to OIF just note as for CCC.

The Club's OI Foundation Club Piggy:

Go to oifoundation.org





donation. The money for this donation is raised by members putting money in the Foundation piggy at Club meetings. Thanks to every one that donates.

2022-2023 Club Dime-A-Day Members:

(15 of 15 = 100%)

David C.♥, Kay F.♥, Steve G.♥, Catherine H.♥, Ramona M. ; Lasheka M. ②, Dolores M.♥, Glenda M. ②, Starr P.♥, Stephanie S.♥,

Ron R. ; Fred T. ♥, Pat T. ♥, James W. ♥, Rita W. ♥

Club "Juncheo<u>n "Dates:</u>

The Optimist Club of Albuquerque, NM meets weekly at the Overture 55+ Apartment Complex. That means we will have regular Club Hybrid (Live & Zoom) Luncheons on the 1st, 2nd, 3rd and 4th Fridays of every month.

We have Police Officers at the 3rd lunch. A speaker at the 1st. and possible the 2nd. We have a Board Meeting the 4th Tuesday evening and an open lunch the 4th Thursday. If there is a 5th Friday in the month then we will call it La Copita Club and it will be optional and just a social gathering not an official lunch.

Mexico New Albuquerque, ₹ Optimist





Anvone can donate to Dime-A-Day or the Foundation



505-401-3222



Patricia Trussell



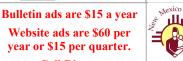


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March 1940

Walter Dolde Charter President 7he Optimist Club Of Albuquerque, New Mexico









Our community benefits from every donation you make to the O.I. Foundation.













505-836-4035







Call Rita at

505-238-1437



Purposes of Optimist International

To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed; To promote an active interest in good government and civic affairs; To inspire respect for the law; To promote patriotism and work for international accord and friendship among all people; To aid and encourage the development of youth, in the belief that the giving of one's self in the service to others will advance the well-being of humankind, community life and the world.



Learn more about The Optimist Club of Albuquerque, New Mexico

https://www.facebook.com/OptimistClubofABQ/

https://optimistclubofalbuguerque.org



For Lovers of Good Books, Fine Spirits and **Good Conversation**

E. E. Curley Roose - Established March 9, 1940 Luncheon on the 5th Fridays during the year at the Sheraton Uptown at noon





Friend of Youth

Postage Stamp

YOUTH

The Optimist Club of Albuquerque, New Mexico Meeting every Fridays at 12:00 c/o Fred G. Trussell or Patricia Trussell Overture 55+ Apartment Complex 6441 Palomas Ave. NE, Apt. 304 Albuquerque, New Mexico 87109



